

# CAMP INFORMATION PACK



## YANDINA CAMPUS

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## OUR CAMP

Maranatha Recreation Camp is an adventure and recreation camp nestled in a 5ha nature conservation area of sub-tropical bushland. The camp runs along a beautiful stretch of the South Maroochy River within the traditional Gubbi Gubbi lands of the Sunshine Coast hinterland.

Maranatha specializes in hosting School Camps, Youth Groups, Church Groups, Fitness and Yoga Retreats and Corporate Groups accommodating up to 275 people.

No matter what organisation and group size, we'll provide you with a huge choice of activities, accommodations and meals.

All staff members (instructors, chefs and office administrators) are experienced, friendly, qualified and hold Blue Card, Food Safety and First Aid Certification.



## Facilities

Maranatha Recreation Camp continues the tradition of offering a great value venue for any size group up to 275 persons. With 7 dorms, 2 halls and 2 dining areas, the camp can be divided in separate camps and groups if necessary.

Additionally, the camp provides you with a wide range of facilities during your stay such as a half-Olympic pool (25m), 2 tennis/basketball courts, a volley ball court, sports oval (including cricket pitch), table tennis, 2 camp fire sites, indoor halls with TV/DVD and Bluetooth Soundbars, bush walks along the river to Wappa Falls and Wappa dam.

To top it off, we have a beautiful cafe/dining space overlooking the pool area.

Wheelchair access to showers, toilets, ground level accommodation and dining rooms available.



# MARANATHA KITCHEN



	Day 1	Day 2	Day 3
<b>Breakfast</b>		Apple or Orange Juice Cereal with Milk Bacon Eggs - scrambled Baked Beans Toast	Apple or Orange Juice Cereal with Milk Pancakes, Maple Syrup & Fresh Cream
<b>Morning Tea</b>		Fruit & Homemade Snack (Cake/ Muesli Slice/ Crackles/Cookies)	Fruit & Homemade Snack (Cake/ Muesli Slice/ Crackles/Cookies)
<b>Lunch</b>	Nachos – beans, salad, cheese, sour cream, salsa, corn chips Water or Cordial	Ham and Salad Wraps Water or Cordial	Hot Dogs/Rolls
<b>Afternoon Tea</b>	Fruit & Homemade Snack (Cake/ Muesli Slice/ Crackles/Cookies)	Fruit & Homemade Snack (Cake/ Muesli Slice/ Crackles/Cookies)	
<b>Dinner</b>	Roast Beef, Veges, Bread Rolls, Water or Cordial	Pasta Bolognaise and Garlic Turkish Bread Water or Cordial	
<b>Dessert</b>	Ice Creams or Ice Blocks	Homemade Chocolate Cake	



(Please note that this is a standard 3 Day Camp Menu and it subject to change based on the time of year, dietary requirements, etc. – Gluten Free substitutes in RED)

## SPECIAL DIETS

Our kitchen team are highly experienced and able to cater for specialty dietary requirements. GF, DF and vegetarian alternatives are available if requested. Any other non-medical diet particulars will need to be provided by the parents/caregivers.

Our kitchens have fully accredited Food Safety Plans in place. We provide all our clients with dietary requirements forms prior to camp.

Please note that Maranatha Recreation Centres are "Nut Aware. We seek to ensure a safe environment for all attendees to our camps and therefore enforce strict bans regarding the use and consumption of products containing nuts.

We ask that no persons bring products containing nuts or nut by-products on to our premises. However, we acknowledge we can never entirely enforce or regulate what attendees bring into our centres, nor where foods contain traces of nut oil. We are continually reviewing our harm reduction strategies when it comes to food allergens, and we hope people will assist in working towards minimising the risks and looking at alternatives from nut products.



# SCHOOLS PRICE LIST 2022



## **CATERING:**

**(Teachers Pay Meals Component Only)**

❖ Meals (Breakfast, Lunch Dinner)	<b>\$12.00 Each</b>
❖ Refreshments (M/Tea, A/Tea, Dessert)	<b>\$2.00 Each</b>
➤ 1 Night/2 Day Camp ( <i>All Meals + Refreshments</i> )	<b>\$56.00 PP</b>
➤ 2 Night/3 Day Camp ( <i>All Meals + Refreshments</i> )	<b>\$98.00 PP</b>
➤ 3 Night/4 Day Camp ( <i>All Meals + Refreshments</i> )	<b>\$140.00 PP</b>
➤ 4 Night/5 Day Camp ( <i>All Meals + Refreshments</i> )	<b>\$182.00 PP</b>

## **ACCOMMODATION:**

❖ 1 Night	<b>\$17.00 PP</b>
❖ 2 Nights	<b>\$34.00 PP</b>
❖ 3 Nights	<b>\$51.00 PP</b>
❖ 4 Nights	<b>\$68.00 PP</b>

## **ACTIVITIES: (Per Activity – See Activity Price List)**

❖ High Ropes	<b>\$24.70</b>
❖ Mid Ropes/Ringtail Ropes (Boulder)	<b>\$17.00</b>
❖ Jungle Ropes	<b>\$13.80</b>
❖ All Other Ropes	<b>\$13.80</b>
❖ Non-Ropes	<b>\$11.50</b>
❖ Night Programs	<b>\$11.00</b>

## **PACKAGES:**

*Full Programs (No Own Sessions – Not Including Night Programs)*

❖ <b><u>3 Day/2 Night – 8 Activities (4 Rope + 4 Non-Rope)</u></b> <b>+ Meals + Accommodation</b>	
- <b>High Ropes + 3 Rope + 4 Non-Rope</b>	<b>\$244.10 PP</b>
- <b>Mid Ropes + 3 Rope + 4 Non-Rope</b>	<b>\$236.40 PP</b>
- <b>Jungle Ropes + 3 Rope + 4 Non-Rope</b>	<b>\$233.20 PP</b>
❖ <b><u>4 Day/3 Night – 12 Activities (6 Rope + 6 Non-Rope)</u></b> <b>+ Meals + Accommodation</b>	
- <b>High Ropes + 5 Rope + 6 Non-Rope</b>	<b>\$353.70 PP</b>
- <b>Mid Ropes + 5 Rope + 6 Non-Rope</b>	<b>\$346.00 PP</b>
- <b>Jungle Ropes + 5 Rope + 6 Non-Rope</b>	<b>\$342.80 PP</b>

## Activities

Maranatha Recreation Camp offers an exciting range of challenging and adventurous age-appropriate ropes courses, water and field activities, nature-based activities and night activities.

All activities use social skills, trust, mutual support, motivation, group cohesion and leadership to promote personal and team development.

You can pick your favourite activities from our list, or we can help you to find the suitable activities for your group.



## **SCHOOL CAMP RULES**

- No Smoking, Drugs or Alcohol
- No Nuts – NUT FREE CAMP
- Please Conserve Water and Power
- Only Blue Card Holders, Teachers/Staff and Parents permitted on School Camps
- Respect all Staff on Site
- Noise Restrictions past 10PM
- All Visitors must report to Office
- Keep Camp, Rooms, and Halls Tidy



## Safety

Our highly experienced instructors hold a range of relevant outdoor qualifications, a current Blue Card Working with Children Check and CPR certification.

The adventure courses and equipment are rigorously maintained and regularly inspected by third party certifiers and qualified arborists.

A comprehensive Fire & Emergency Management Plan is in operation with regular inspections and safety checks. All groups will be briefed on fire safety and evacuation procedures on arrival.

# **What to Bring To Camp**

## **SLEEPING:**

- Sleeping Bag
- Pillow and Pillow Slip
- Sleeping Bag OR Single Bed Sheet and Blanket

## **CLOTHING:**

- A Set of Clothing for each day + A Spare Set
- Sleepwear, Underwear, Socks
- Collared Shirts, Larger the better to cover bare skin from harnesses.
- Knee length shorts or long pants
- Jumper and Raincoat – We Continue to Run Activities in the Rain!
- Wide Brim Hat
- Swimmers and Pool Towel
- Shoes – Two Pairs of enclosed shoes (X1 Pair to swim in for Water Activities – i.e Old Runners/Reef Shoes)
- Leave your Jewelry at home – Chains and dangly earrings are not suitable for ropes activities.

## **TOILETRIES:**

- Towel and Face Cloth
- Biodegradable Soap, Toothbrush and Toothpaste, Hair Brush, Roll on Deodorant (Please do not bring aerosol deodorants or hair products: They Trigger Smoke Alarms)
- Insect Repellent (Roll on or Cream Type)
- Sunscreen
- Thongs for Showers (Optional)

## **OTHER IMPORTANT THINGS:**

- Torch (Head Torch Preferable if doing Night Activities)
- Water Bottle
- Extra Blanket in Colder Months

## **THINGS TO NOTE:**

- Telstra Service Only
- Please bring an internet dongle if overnight Internet Access needed for Diabetic Monitoring, Etc.

**More Information and Photos of our Camp can be found on our website:**

*[maranatha-camp.com](http://maranatha-camp.com)*